



La Cucina Marinello

three generations of Italian cooking

Inspired by three generations of Italian cooks, sisters publish more than just a cookbook

ABOUT THE AUTHORS:

Joan Marinello Bowman



Joan Bowman has been a Santa Barbara resident for almost 30 years. She was the Acting Publisher of Advocacy Press, a non-profit educational publisher, where she revised the celebrated Choices Life Skills Journals for adolescents and published *Letters from the Heart* for Girls Incorporated of Greater Santa Barbara. She has a PhD in Human Development from Fielding Graduate University where she wrote extensively about family rituals and traditions as part of her research. You can also follow Joan and her blogging partner, Rhona Gordon, at www.foodandfriendshipsantabarbara.com. Much like *La Cucina Marinello*, their widely-read blog focuses on the essentials of food and friendship, as well as celebrating our unique area and its bountiful resources.

Linda Marinello Carman



Linda Carman is a successful software development entrepreneur and healthcare consultant who spends her spare time cooking meals for family and friends. When she isn't cooking or planning a party, she enjoys spending time with her two grandchildren and her three children who all live and work, as she does, in the San Francisco Bay area. Linda's claim to fame is her "bulk cooking" repertoire which she is constantly expanding in an effort to help provide meals for those she loves. Coming soon, <http://www.twofriendsinakitchen.com>, a website Linda and her friend Cindy Cathey are developing which will chronicle their journey of learning how to "cook from the soul" as well as retail a variety of cooking products.

Jeri Marinello Pederson



Jeri Pederson moved to Grants Pass, Oregon in August of 1980, and has called it home ever since. She has been in sales and marketing throughout her career, from starting her own design company, Geraldine J Designs, managing sales teams in several companies, to being a successful Realtor and Mortgage Broker in Grants Pass for more than 25 years. Carrying on the Marinello family legacy, Jeri is happiest when sharing her passion for improvisational cooking with family and friends, from the impromptu afternoon lunch to La Cucina Marinello-style dinners and parties at her home. Coming soon: Jeri's blog www.ilovecookingitalian.com, promising to include a variety of delicious improvisational recipes she continues to create on a regular basis.

More than just a
cookbook . . .

- Classic Italian family dishes
- Easy-to-follow recipes
- Improvisational cooking techniques
- Heartwarming stories
- Invaluable kitchen tips
- Gardening advice
- Beautiful full color photos
- Engaging narratives

Beautiful hardbound
First edition

Smyth Sewn binding
120 easy-to-follow
recipes

Full color photographs
10 ¼ x 7 ¾ inches

234 pages

Price: \$19.95

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